



Today's Menu

Monday 2nd July

Breakfast

Daily specials

Strawberry & banana smoothie

Everyday items

Toast selection - White, wholemeal & granary

Breads, selection of jams, honey & spreads

Cereal selection - Selection of high fibre & whole grain cereals

Hot items – Full English breakfast

Fresh & Healthy - Fresh fruit, yoghurt bar

Porridge Bar - Freshly made porridge with a selection of toppings

Lunch

Fresh soup

Tomato & orzo, home-made bread & toppings

Dish of the day

Mexican style chicken & chorizo stew, sour cream & limes

Vegetarian dish of the day

Mexican vegetable Quesadilla, sour cream & limes

Sides

Steamed sweetcorn & roasted peppers
Herb buttered potatoes

Pasta, jacket & sweet potato bar

Dessert

Pear & blackberry crumble
Lemon & lime fool

Supper

Fresh soup

Butternut squash, honey and clove
Home-made bread & toppings

Dish of the day

Home-made lamb kebabs with pitta breads & dips

Vegetarian dish of the day

Chickpea & sweet potato falafel with pitta breads & dips

Sides

Herb salad, spiced potatoes

Dessert

Dark chocolate and raspberry mousse pot



Today's Menu

Tuesday 3rd July

Breakfast

Daily specials

Waffles and syrup
French pastry basket

Everyday items

Toast selection - White, wholemeal & granary

Breads, selection of jams, honey & spreads

Cereal selection - Selection of high fibre & whole grain cereals

Hot items – Full English breakfast

Fresh & Healthy - Fresh fruit, yoghurt bar

Porridge Bar - Freshly made porridge with a selection of toppings

Lunch

Fresh soup

Lentil & tarragon, home-made bread & toppings

Dish of the day

Beef lasagne

Vegetarian dish of the day

Spinach, ricotta & tomato cannelloni

Sides

Garlic focaccia, lemon oil dressed rocket

Jacket & sweet potato bar

Dessert

Sticky banana & date cake with butterscotch sauce

Strawberry Eton mess

Supper

Fresh soup

Chunky vegetable, home-made bread & toppings

Dish of the day

Kiev style chicken breasts

Vegetarian dish of the day

quorn fillets in a garlic cream sauce

Sides

Parmentier potatoes
Roasted summer beets
Honey glazed parsnips

Dessert

Warm spiced carrot cake



Today's Menu

Wednesday 4th July

Breakfast

Daily specials

Ham & cheese toasted sandwich
Pain au chocolat, breakfast muffins

Everyday items

Toast selection - White, wholemeal &
granary

Breads, selection of jams, honey &
spreads

Cereal selection - Selection of high fibre
& whole grain cereals

Hot items – Full English breakfast

Fresh & Healthy - Fresh fruit, yoghurt
bar

Porridge Bar - Freshly made porridge
with a selection of toppings

Lunch

Fresh soup

Butternut squash & thyme, home-made bread
& toppings

Dish of the day

Tandoori spiced chicken leg, mint yoghurt

Vegetarian dish of the day

Vegetable biriyani, bread pot & yoghurt
dressing

Sides

Flash fried cabbage with cumin seeds
chilli roasted carrots
Bombay potatoes

Pasta, jacket & sweet potato bar

Dessert

Ginger parkin with toffee sauce
Mixed berry panna cotta

Supper

Fresh soup

Thai noodle soup, home-made bread
& toppings

Thai bowl food

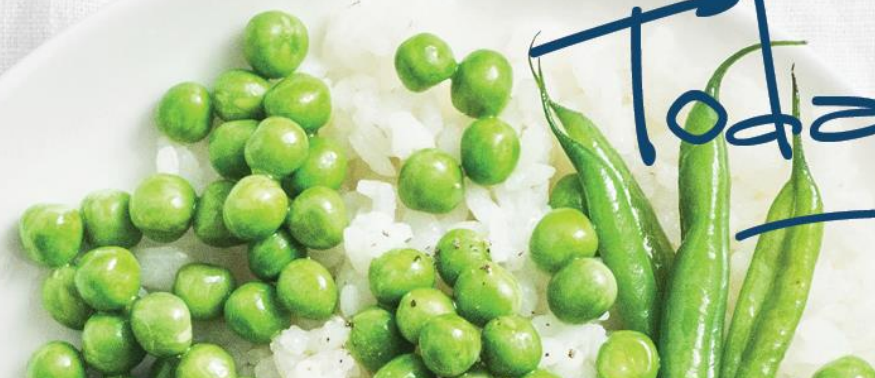
Red pork curry

Chicken Satay wow butter sauce

Thai vegetable green curry

Dessert

Pineapple sponge, coconut cream



Today's Menu

Thursday 5th July

Breakfast

Daily specials

cinnamon buns
Croissants, Waffles

Everyday items

Toast selection - White, wholemeal &
granary
Breads, selection of jams, honey &
spreads

Cereal selection - Selection of high fibre
& whole grain cereals

Hot items – Full English breakfast

Fresh & Healthy - Fresh fruit, yoghurt
bar

Porridge Bar - Freshly made porridge
with a selection of toppings

Lunch

Fresh soup

Pea & mint, home-made bread & toppings

Dish of the day

Rosemary & balsamic roast lamb

Vegetarian dish of the day

Crispy parcels of spinach and feta, tomato and
basil,

Sides

Roasted new potatoes, maple celeriac &
parsnip, buttered broccoli

Jacket & sweet potato bar

Dessert

Orange drizzle cake with lightly whipped cream
Raspberry layered mousse

Supper

Fresh soup

Lentil and bacon, home-made bread
& toppings

Dish of the day

Haddock & lemon fishcake with harissa
mayo & rocket

Vegetarian dish of the day

sweet potato & pepper tart with rocket,
balsamic & red onion salad

Sides

Flash fried greens, sweetcorn
Chimichurri potatoes

Dessert

Swiss roll



Today's Menu

Friday 6th July

Breakfast

Daily specials

Huevos rancheros

Pain au chocolat, breakfast muffins

Everyday items

Toast selection - White, wholemeal & granary

Breads, selection of jams, honey & spreads

Cereal selection - Selection of high fibre & whole grain cereals

Hot items – Full English breakfast

Fresh & Healthy - Fresh fruit, yoghurt bar

Porridge Bar - Freshly made porridge with a selection of toppings

Lunch

Fresh soup

Roasted pepper, home-made bread & toppings

Dish of the day

Battered cod fillet,

Vegetarian dish of the day

Sweet potato & coriander falafel flat breads

Sides

Chipped potatoes, peas & crushed peas

Baked beans

Pasta, jacket & sweet potato bar

Garlic & Thyme cream mushroom topping

Dessert

Rich chocolate brownie

Blueberry cheesecake

Supper

Fresh soup

Sweetcorn chowder, home-made bread & toppings

Dish of the day

Whole roast chicken glazed with honey, lemon, thyme & caraway seeds

Vegetarian dish of the day

Goats cheese and beetroot tartlet, balsamic onions

Sides

Garlic scented grains

Peas, shallot & black pepper

Dessert

Selection of desserts



Saturday 7th July

Weekend menus

Breakfast

Daily specials

Full hot breakfast

Everyday items

*Toast selection - White, wholemeal & granary
Breads, selection of jams, honey & spreads*

*Cereal selection - Selection of high fibre & whole
grain cereals*

Hot items – Full English breakfast

Fresh & Healthy - Fresh fruit, yoghurt bar

*Porridge Bar - Freshly made porridge with a
selection of toppings*

Lunch

Supper



Sunday 8th July

Weekend menus

Brunch

Supper