

Lent Term Clubs and Activities

Form I-III must have at least three after-school activities a week (this can include paid for lessons after school and team training sessions). Form IV-LVI must sign up for at least two after-school activities.

Please tick your preferred activities, but check against the attached timetable to make sure you can attend all of them. Hand this form into your tutor when you return in January.

Name: _____

Tutor Group _____

Club/Activity		Choices
A Cappella Group	The A Cappella group has made several successful stage performances over the year. If you think you have a good strong voice and are able to hold a part on your own, join us. Auditions only. SM Kong	
Art Club	General Art club for National Competitions on Wednesdays alongside Art clinic. Drop in basis. All year groups J Leibovici	
Art Film Club	The Art Film Club, 4.15pm on Tuesdays, looks at the lives of artists or artistic styles and techniques. The films vary from cinematic films to documentaries and give a little insight into the motivations and lives of artists such as Michelangelo, Caravaggio, Rodin, Van Gogh or the Impressionists. The stories come to life. We have biscuits or snacks – a true cinema experience! Open to all year groups. J Meeson	
Band	Every Monday at 12.35pm, the band meets to play music of all contemporary genres from pop to Latin. If you play an instrument to a good standard and would like to be in a cool band, join us! By auditions only. SM Kong	
Book Club	On specific dates (see the whole-school calendar) we will meet to discuss a specific text, which may be an extract from a novel, a short story, a poem, a play, a work of philosophy... the possibilities are endless. A Grey	
Business & Economics Club	In the Economics and Business News is a club run by U6 girls. The girls present topics that are currently in the news which have a business or economics element and they link these stories to the syllabus so that girls are able to use up to date information in the examinations. Would suit Business students, or anyone with an interest in Business. (There is also a Business Lunch Club clinic which runs on Fridays from 1 – 1.30pm) G Kendall	
Choir/Top 12	This is open to girls from Forms III upwards who have good voices and the determination to enhance the musical life of the school. Choir members are expected to sing at Compline on a Friday afternoon, Sunday service in the Chapel and at specific times of the year, such as the Carol Service, Fellowship Day and Music/Lamda concerts J Dance	

Coding Club	Students will learn to write computer programmes. Initially, they may start with a graphical environment such as “Scratch”, they will then progress on to other text based programming languages and eventually learn to programme standalone hardware such as a Raspberry Pi. This club is also an ideal place for students to share a general interest in ICT and technology. Open to all S Moore	
Cookery Club	For Forms III – LVI: Dishes cooked include omelettes, risotto, pizzas, cakes, slices, pasta, cup-cakes. J Doyle, A Jones, L Worrall	
Creative Writing & eBook	Do you have a novel – or a short-story or even a poem – in you? Always wanted to be a published author? This is a drop-in club which will support anyone wanting to try some creative writing, with a view to publishing our own eBook later in the summer. K de Ferrer	
Crest Science Awards	CREST is the nationwide curriculum enrichment award scheme for Science, Technology, Engineering and Mathematics (STEM). Through the CREST awards scheme, young people aged 11-19 explore the real nature of STEM by doing creative project work. The joy of the scheme is that it motivates and unlocks the potential of all students and enables them to develop key skills for use in the real world. E Fagan, J Kemp	
Debating Jnr	Open to anyone from Forms I-V, this will be an opportunity to learn debating techniques with a view to taking part in friendly competitions against other local schools. The timing of the club will be flexible, depending on the availability of the girls who sign up. English Prefects	
Debating Snr	The Sixth Form Debating Society will be running again in the Lent Term. We will be focussing on debating techniques, controversial issues and preparing for both friendly matches against local schools and competitions. Open to anyone in the Sixth Form, the Debating Society is an ideal opportunity to build confidence, public speaking skills and knowledge of the nuance nature of current national and international affairs. T Pithers	
Drama Club	Come and learn new drama techniques, learn improvisation skills and play new drama games. For Forms I-III Led by Farah Reding-Reuter & Anna Fenwick	
Exam Practice	GCSE and A Level Timed Exam Practice Club – A place of calm and quiet for you to sit and practise for that exam. Effective time management is imperative for success in exams so make sure you are as prepared as you can be before exam time. Run by Emily Reid, Daisy Denehy and Anna Lasok	
Fast-track French	Talented linguists and fluent pupils will be preparing for an early French GCSE. F Rayner	
Flute Ensemble	A club aimed for flautist to get together to make heavenly flute-y music! Auditions only. SM Kong	
Form II Choir	Choir for Form II girls. J Dance	

French Vocab Express	Club aimed at Vth Form pupils with a view to building French vocabulary using this Bett award winning program. A competition will be organised each week and a weekly champion nominated. F Rayner	
Horror Film Club	Weekly club looking at the genre of horror film. Comparing and contrasting directors such as Spielberg, Cameron, Amenabar, Beck.... Horror films from different eras will be shown to look at the direction and delivery of the meaning of the film. Analysis of certain scenes will be discussed. Miss White	
Junior Prep Help Club	Take pressure off your teachers by going to the prep help club! Three students with different specialties will endeavour to help you with any problems you are having with any subject. Email: prephelp and someone will arrange to meet you to help! Run by Iona Minoprio, Agatha Meek and Emma Hazell	
Life Drawing	A life drawing club on Thursdays after school from 4.15-6.15 pm. This will be paying. Half term only. 5th form art students and older only. J Leibovici	
Meditation (Techniques)	Girls can learn how to develop the ability to remain calm, composed and focused, as well as improve their levels of concentration, in a variety of ways according to their specific needs. Every week, on Friday lunch time between 1.10 and 1.30pm, there is a more informal approach, using a diverse range of accessible techniques, which will undoubtedly enhance each girl's capacity to remain engaged with her life and her learning at the end of a busy week. A Grey	
Meditation (power of)	On Tuesdays, once a fortnight in the Library, between 5.15 and 5.45pm, there will be a guided approach to the "Power of Mediation," using a book written by the renowned teacher Sharon Salzberg: a book and a CD will be provided free of charge for each girl. A Grey	
Photography Club	Each week a different activity which could include Fluorescent photography, Darkroom Photograms, Pinhole Cameras, Writing with light, Studio Photography, Photoshop work. Weekly sign-up sheet on the Photography notice board – 10 spaces per week. K White	
Physics	There are about 40 lessons in total, and we will cover the material in the following order : P1.24 Intro to Waves P1.32 The Big Bang P1.1 Infrared P1.23 National grid, supply & demand P2.1 Balanced/unbalanced Forces P2.7 resistive forces A week before each lesson, I will email a clear description of what is going to be covered. The email will contain : Links to revision resources including video lesson clip Representative past questions and/or progress checks and other questions S Moore	

Polo	Monday; 4-6pm, Intermediate level, max 6 Tuesday; 4-6pm, Intermediate level, max 6 Thursday; 4-7pm Beginners, max 5 Improvers max 5 Advanced max5 Monday and Tuesday £60 pp Thursday £54 pp G Glimmerveen	
Psychology Club Keep Calm!	Keep Calm and Stress less activity This after school activity will give students some ideas on how to reduce their stress levels, in a fun and relaxing way. Ideas taken from psychological research, such as writing a journal or meditating, have been shown to be effective ways to keep calm under pressure. Activities will include making a journal and expressive writing, which is a technique used to release stress. There will also be creative activities such as making mood boards, worry dolls and stress balls. Also students will learn meditation techniques, how to use laughter and social support to lift their mood and using the senses of taste, smell and sound to help them relax. R Oakley and Z Benjamin	
Science Club	This is all about having fun and getting the opportunity try things that there is not time to carry out in lessons. We carry out a variety of experiments which may include; dissection, robotics, explosions, investigating sound and electricity and building rockets. Science Prefects and N Harden	
Silent Reading	At the end of each school day, there is the opportunity for all girls to participate in silent reading in the Library from 4.10 - 4.30pm. The benefits of reading are simply immeasurable: as an English student in particular and a pupil in general, "you are what you read." If girls choose to commit themselves to reading for at least two sessions a week, they can also gain merits for their houses and become eligible for leadership roles as English Prefects within their year groups. A Grey	
Spanish Enrichment	Compulsory club for New girls doing Spanish for the first time in form III, in addition it is also a drop in club for anybody else. It is running on Thursdays at 16:15 in language 1. A Pullen	
Spanish Vocab Express and clinic	Clinic to prepare girls for their GCSE examinations learning vocabulary with an IT languages program. Lunch time (13:00) on Wednesdays. Form IV and V Spanish. A Pullen	
Tap Dance	With next year's musical in mind...why not learn to Tap dance? Or, at the very least , learn a new skill and have a lot of fun and get some exercise at the same time? There will be a small charge for this club – amount tbc. S O'Connor	
Volunteering Club	Opportunity for DofE girls to take part in volunteering and/or charity work. D Hunt	
Yarn Club	An informal lunchtime session to learn to knit or crochet, pick up the skills as a beginner or improve your technique and complete little projects along the way. It is not only fun, but a chance to learn a skill you will have for life! A Rutilli	

Clinics - A range of drop-in subject clinics are also run throughout the week		
Business Lunch Club		
Maths Clinic		
Music Theory		
Science Clinic		
English Clinic		
Photography		
Art		
IT Clinic (Sundays)		
Sports Clubs and Team Practices		Choice:
Swim squad	Compulsory for squad members	
Lacrosse	Compulsory for squad members	
Badminton	Open to all	
Netball	Compulsory for squad members	
Fitness	Open to all	
LAX Goalie	Open to current and potential Goalies	
Trampolining	Open to all	
Fast Track LAX	Open to all new girls	
Gym club	Open to all	
Volleyball	Open to all	
Football	Open to all – will run subject to numbers	
Basketball	Open to all – will run subject to numbers	
Indoor Hockey	Open to all – will run subject to numbers	
Squash	Open to all – will run subject to numbers	