



## Heathfield School Ascot

October 2015

Dear Parents

You may be aware from the Parents' Handbook that each week the girls in Form I receive a PSHE lesson. This covers personal issues such as Self-Esteem, social issues such as Friendship, health issues, economic and citizenship topics. As part of this programme we cover topics relating to Sex Education that do not fall within the Science specifications. It is considered good practice in schools to look at these topics within the context of looking at healthy relationships and personal feelings.

We would like to inform you that we will be covering some aspects of sex education with pupils in Form I. This will include body changes during puberty and how these changes can affect individuals. These lessons are delivered by experienced specialists and are an opportunity to inform with sensitivity and thoughtfulness.

We are taking this opportunity to inform you as it may be that your daughter will want to discuss with you what she has been learning.

If you have any questions regarding content or comments please contact me:  
[adiaz@heathfieldschool.net](mailto:adiaz@heathfieldschool.net)

Yours sincerely

Mrs Anita Diaz  
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