



Heathfield School Ascot

September 2017

Dear Parents

You may be aware from the Parents' Handbook that each week the girls in Form V receive a PSHE lesson. This covers Personal Issues such as Self-Esteem, Social Issues such as Friendship, Health Issues, Economic and Citizenship topics. As part of this programme we cover topics relating to sex education that do not fall within the Science specifications. It is considered good practice in schools to look at these topics within the context of considering healthy relationships and personal feelings.

We would like to inform you that this term we will be covering some aspects of sex education with pupils in Form V. This will include responding to questions students may have about sex and relationships, identifying what might be considered an abusive relationship, and how to keep safe while using the internet, particularly considering the emotional and legal consequences of viewing and sharing personal and sexual images. These lessons are delivered by an experienced specialist and are an opportunity to inform and discuss these topics with the girls with sensitivity and thoughtfulness.

We are taking this opportunity to inform you as it may be that your daughter will want to discuss with you what she has been learning.

If you have any questions or comments regarding the content of these lessons I would be very pleased to talk with you so please contact me at: adiaz@heathfieldschool.net

Yours sincerely

Mrs Anita Diaz
Subject Leader PSHE